



Supporting  
Excellence  
in  
Medical  
Education

# NACT UK WINTER MEETING PROGRAMME

“The Role of Education in improving trainee working lives”

Friday 23<sup>rd</sup> November 2018

Royal College of Physicians

11 St Andrews Place, Regents Park, London

## 0930-0955 REGISTRATION AND COFFEE

0955-1000 **Welcome and Introduction to the day** – *Dr Alison Cooper Immediate Past Chair, NACT UK*

### Session One: What does best practice look like?

**Chair:** *Dr Adam Malin, Hon Secretary, NACT UK*

1000-1025 Sleep deprivation and fatigue, *Dr Mike Farquhar, Evalena London Children’s Hospital*

1025-1050 Reflecting and Learning from Rose, *Dr Mark Polge, GP, Roysia Surgery, Royston, Herts*

1050-1110 **Q & A**

1110-1130 **COFFEE**

### Session Two: Health and wellbeing

**Chair:** *Dr Andy Whallett, Editor, NACT UK*

1130-1155 How to support second victims, *Dr Shirley Remington, Assoc. Dean, HEE NW*

1155-1220 What support can be given, *Dr Clare Gerada, GP, Practitioner Health Programme*

1245-1330 **LUNCH**

### Session Three: Enhancing the Role of the Trainees

**Chair:** *Dr Jo Szram, Hon Treasurer, NACT UK*

1330-1355 The impact trainees can make if they get involved, *Dr Anu Sharma, ST6, Sheffield Sch. of Anaesthetics*

1355-1420 The evaluation of the Chief Registrar programme, and its impact, *Dr Carol Postlethwaite, East Surrey Hospital*

1420-1445 The Role of the Chief Resident, *Mr Stephen Farrell, Consultant Paediatric Surgeon, Addenbrooke’s Hospital and Ms Dhanya Mulasery Great Ormond Street Hospital*

1445-1500 **Q & A**

1500-1520 **TEA**

### Session Four: What can the Education Supervisor do?

**Chair:** *Dr Diarmuid Mulherin, Chair, NACT UK*

1520-1545 From the Deans perspective, *Prof Sheona MacLeod, Chair of COPMED*

1545-1610 The extended role of the ES, *Dr Liz Spencer retired Educ Advisor to NACT UK*

1610-1625 Discussion

1630 **CLOSE**

**NACT UK** - *The “premier place” for practical educational ideas and advice  
Learn and share across specialties, regions and countries*